

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone , please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

Ann Davies : she celebrates 83 years on 13 August !

Trefor Foulkes : he celebrates 81 years on 22 August!

We wish them many more years of health and happiness !

Continuing with our theme of Pilgrimage, what do we show on our cover? The Shrine of our Lady of Walsingham: then and now. Pilgrimage has rightly been called 'An ancient tradition in tune with today's needs', as testified to by the growing popularity of Pilgrimage Tourism in recent years. Christianity has a strong and ancient tradition of pilgrimage, both to sites relevant to the New Testament narrative (especially in the Holy Land) and to sites associated with later saints or miracles, both to be found at The Shrine of Our Lady of Walsingham. In 1061, so the story goes, Richeldis, the devout lady of the manor of Little Walsingham in Norfolk, prayed to our Lady asking how she could honour her in some special way. In answer to this prayer, Mary led Richeldis in spirit to Nazareth and showed her the house in which she had first received the angel's message. Mary told Richeldis to take the measurements of this house and build another one just like it in Walsingham. This was the era of the crusades, a perilous time for pilgrims to the Holy Land. But now pilgrims need not attempt the dangerous journey; for, in Norfolk, here was a 'new Nazareth'. Moreover, Mary is said to have promised Richeldis, "Whoever seeks my help there will not go away empty-handed." Shortly after, a spring of water sprang up just where the shrine was being built and Richeldis had it made into a well. Pilgrims thereafter would make their way to the Holy House to light their candles and to pray; then, walk on to the well, drink some water and pray for healing. Just as pilgrims do today. Walsingham became renown as a place of healing, be it physical, mental or spiritual healing being sought by the pilgrim. Then, as now, people go on pilgrimage for as many reasons as there are pilgrims. Often, people go on pilgrimage when they are at a crossroads in their lives, when undergoing a change in their life's direction or relationships. Others may be in search of a deeper spirituality, of healing and forgiveness. Or it may be an occasion for giving thanks. Pilgrimage offers to all an opportunity to set aside time for God and to discern God's will for them. In the course of time, the Holy House became part of a mighty abbey, the remains of which, shown on the right of the photograph, give an idea of the spectacular building it must once have been. It was destroyed at the Dissolution of the Monasteries. The centuries passed by; then, in 1921, a new Vicar, Father Alfred Hope Patten, was appointed to Walsingham. It was his idea to create a new statue of Our Lady of Walsingham based on the image depicted on the seal of the medieval shrine (shown on the left in the photo). In 1922 the statue was set up in the Parish Church of St Mary and regular pilgrimage devotion followed. Throughout the 1920s the trickle of pilgrims became a flood, until, in 1931, a new Holy House was built and encased in a small pilgrimage church. In 1938 that church was enlarged to form the Anglican Shrine of Our Lady of Walsingham, Hopefully, next July, coronavirus permitting a coachload of pilgrims from the Diocese of Bangor will once again travel 'The Walsingham Way.' **Grateful thanks to Jane Bailey, who has been a pilgrim for many years, both for this text and the superb cover image.**

What is the difference between a village and a hamlet? A village has to have a church!

A step-parent is not there to replace a biological parent, but to offer a child something really special –an extra person to love them.

Archbishop Justin Welby reminds us of a quote by Dietrich Bonhoeffer: "Your life as a Christian should make non believers question their disbelief in God "

There are far better things ahead than any that we leave behind .

**BRO CYBI / HOLY ISLAND MINISTRY AREA
PASTORAL CARE CIRCLE
AUGUST 2020**

Ministry Area Leader/Vicar: Rob Wardle 07710 173177

Associate Vicars : Neil Ridings: 01407 861663

Jane Bailey : 01407 810827

Andy Herrick : 01407 861084



When you cannot come to church, the church will come to you!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the area. Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

**For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

Your prayers for the sick are asked for:

Sunday : Gwen, Hannah, Huw, Alan Taylor, Helen Nason, Helen Brenan, Eric Wyn Owen. Sandra Recourt , Jane Carlin, Glenys Williams, Bryan Jones, Lewis and Caitlin and their "little angel", Rob Wardle, John, Ann Cuthbertson, Edith and Keith Bryant.

Let us know the name of anyone who needs our prayers, and their carers.

Wednesday : Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Barbara Smith, Gwilym Lewis, Huw Thomas, Megan Morgan, Edith Shepherd, Glenys Barton, Lynda Owen, Margaret Williams.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace : 'I am the resurrection and the life' ...

Jade Mitchell, Colin John Berry, Neil Miles, Claire Barr.

Please pray for the families and friends who grieve for their loved ones.

Death leaves a heartache that no one can heal, but love leaves a memory no one can steal.

Anniversaries of death:

Aug 02—08: Annwen Sarah Llewelyn.

Aug 09—15: Bob Hughes, William Evan Thomas, Dorrie Mortimer, David Lewis, Audrey Coyne, Mel Morgan, Godfrey John Tonkin, Bob Parry, Elwyn Lewis.

Aug 16-22: Dilys Beryl Edwards, William Kenneth Gray, Ted Williams, Hugh Williams, Daphne King Brewster, Reginald Francis Wright , Lily Hambley, Eileen Kathleen Thomas, William Sanderson.

Aug 23-29: Kenneth Lewis, Susan Heath, Hugh Richard Evans.

Aug 30-Sept 05: Ambrose Atkinson, Cedric Jones, Betty Jackson, John Noble Griffiths.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself.

If you have lost loved ones , and you wish to remember them in the Anniversaries of Death section, **please get in touch as soon as possible.** The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please.

It is very comforting to many people, to read and hear the name remembered.

Our vicar **Rob Wardle**, who recently had investigative hospital tests for cancer, writes: "Thank you for all your well wishes and personal messages. You are very kind. I have felt very well looked after since I arrived in Bro Cybi ten months ago. A number of you have asked about my health, I feel really good thank you. I await a biopsy in Ysbyty Gwynedd for a growth detected in an MRI scan in February. I'm aware there is a waiting list which may be lengthy due to Covid. I think it's very important that people who need healthcare more urgently than me are treated first. I'm very happy to wait my turn and see what happens. My condition rarely bothers me and I am very much re-assured that all will be well whatever the future holds. Your prayers have meant so much to me; thank you.

A friend is someone who understands your past, believes in your future and in between accepts you just the way you are!

All of our church committees are discussing when they can safely re-open. There is so much legislation! **Rob hopes that at least some churches will open towards the end of August**, but there will be limits on how many can safely be accommodated. **God is good!**

Looking ahead! Our September PCC will celebrate five years ! It'll be interesting to look back from where we started , to where we are now. Also comment on your favourites!

Interesting historical August dates. On the 7th in 1840, Britain banned the employment of climbing boys as chimney sweeps. On the 9th in 1757, the Scottish civil engineer Thomas Telford was born. On the 25th in 1919, the World's first international daily air service began between London and Paris. On the 26th, in 1346, with the help of Welsh longbowmen, the English army of Edward III defeated the French at the Battle of Crecy. On the 27th in 1900, Britain's first long distance bus service began between London and Leeds. The journey time was two days! On the 30th in 1860, Britain's first tramway opened in Birkenhead, across the Mersey from Liverpool.

"Chatting round the coffee table "corner ! Welcome to a baby daughter, born to Gwawr and Alun—a new grand daughter for Gwen and Colin ! We wish her a happy life! Shirley and Richard Parry have just visited their four month old great grand daughter, for the first time. Aoife lives in Mold with big brother Dion, who is three (and mum and dad!) Barbara Hobday has returned home, nicely tanned, after being 'locked down' in Greece!

Did you know that the Loch Ness monster was allegedly spotted for the first time on the 22nd Aug, 565? Scholars investigated, that the first possible sighting had actually occurred in the days of the semi-legendary St Columba, who supposedly confronted the creature on that date 1455 years ago. The Irish monk who had sailed to Scotland to spread the gospel of Christ, was visiting the land of the Picts when he reached the river Ness. He came across some locals burying one of their friends, who had been bitten most savagely by a water monster. Columba ordered one of his acolytes to swim across the river and to bring back a boat. The water monster made an appearance, open mouthed and roaring loudly. He was eager for another human meal! All were terrified – except Columba. He made the sign of the cross, invoked the name of God, and forbade the monster to touch the man. The monster fled, while Columba's followers loudly praised God. The locals converted on the spot!

Towyn Chapel Residential Home: Manager Katherine Lees is delighted to say that they have been declared 'Covid free' by Public Health Wales ! We look forward to visiting everyone again as soon as we are allowed.

CELEBRATION TIME! Happy Belated 40th wedding anniversary blessings to Andy and Sara Herrick for the 5th July ! May you enjoy many more..... **Birthday blessings to Rob Wardle for the 6th August, and to Jane Bailey, for the 14th August.** We pray that you may both enjoy many more happy and healthy years ahead.

Pat writes: Many thanks to Graham and Angela, who are joining Hugh, Hilary, Sandra, Karen, Stewart , Sylvia and Pat delivering envelopes twice each month. We appreciate you all so very much!

ICONART - One of the business casualties of Covid! Westminster Abbey and the 42 cathedrals of the Church of England, have been hit hard financially since lockdown, due to closure and subsequent lack of tourists. Visitor numbers may not be back to pre pandemic levels for up to five years. ICONART, which supplied a good number of them with the same beautiful stained glass window transfers which have been on sale in St Cybi, has therefore regrettably been forced to cease trading. **We wish Peter, the owner a happy future!**

Many of you have commented on how much you have enjoyed receiving the meditations, sermons and letters from the clergy, twice each month, delivered to your homes. If you are some of those who have not yet asked to receive them, in addition to this PCC, but would like to – please get in touch. We'll be delighted to include you! When churches re-open, we'll be happy to welcome everyone who feels grateful for blessings received during lock down, whether you come regularly – or never! Feel free to do it at your own speed.