

**Do not regret growing older – it is a privilege denied to many!**

**Join our 80+ Happy Birthday corner!**

To include yourself or anyone else in this, (with his/her permission of course), please get in touch now, with name and date of birth, even if the birthday is not until next year.

**Happy Birthday Blessings to :**

**Mary Halford: celebrates 80 years on 31 March!**

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**A Place to Pray for: Kevin writes: Both Caergybi and Bae Trearddur have one. They are staffed for the most part by volunteers from a wide range of backgrounds and indeed ages. They are the RNLi Lifeboat stations. As an Island, we are accustomed to the sea. The RNLi are the 4<sup>th</sup> emergency service, entirely dependent on the generosity of the public. Let us pray for those who put their lives on the line for those in peril on the sea, their families and all those who work alongside them**

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Apparently it's official! If you want to feel happier—go to church! A four year study of nearly 10,000 people by the London School of Economics says that religious activity is good for your health. Church provides a sense of community and helps people cope in difficult times.

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**In times of crisis, God holds your hand until YOU feel you are ready to walk alone.**

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**St.Cybi's Stewarding Team—Spring and Summer 2016**

As possibly one of the most popular tourist destinations in the area, we desperately need volunteer guides, to enable the church to stay open, so that visitors may enjoy its beauty and its peace. An interest in history would be an advantage, but more importantly is the ability to welcome people from all walks of life, and from all corners of the world, enabling them to return home with enjoyable memories. They may not recall everything that you said, but they will remember how you made them feel! If you feel that you could spare a few hours a week to join the team, please get in touch with Betty Abbit 763868.

BRO CYBI / HOLY ISLAND MINISTRY AREA

PASTORAL CARE CIRCLE

**MARCH 2016**



VICAR: Kevin Ellis 01407 861845

ASSOCIATE Jane Bailey 01407 764780

PRIEST:

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**Our pastoral visiting team will be happy to include you, either for a visit or for a short celebration of Holy Communion: whether you are still in your own home, or have moved into a care / nursing home. If you cannot come to church, the church will come to you! Please remember, if we don't know that you need us, we sadly cannot help you—so someone please get in touch on your behalf!.....Contact Pat Hughes: 01407 860412 or email: pat@mmagic.fsbusiness.co.uk**

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**THE PASTORAL CARE TEAM WISH YOU ALL:**

**A HAPPY AND BLESSED EASTER.**

**The greatest message ever heard came from an empty tomb.**

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**Your prayers for the sick are asked for:**

**Sunday (acutely sick)**

Maddie, Shelley Thomas, Adam Warner, Hannah , Alan Smiley, Steven Roberts, Ann McKae, Barbara Parry, William John Pritchard, Elizabeth Parry. Susan.

**Wednesday**

Vera Jones, Mary Lewis, Ena, Elizabeth Jones, Gwen March, Betty Ashton, Peggy Manning, Trevor Peacock, Beryl Sanderson, Lil Morris, Angela Hillman.

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**Rest in peace : 'I am the resurrection and the life' ...**

Gwendoline Hutchinson; Peter Gerald Brown; Earl Hyman.

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**Anniversaries of death:**

**Mar 6—12:** Megan Mills Williams;

**Mar 13—19 :** Sarah Louise Allcott; Joseph Collins Jones; Sylvia Dale Evans; Nicola Brady; Gladys Cunningham; Olga Wright;

**Mar 20—26 :**Stanley Henry Eaton; Vera Dunn;

**Mar 27—April 02:** Agnes Collins Jones; Nicola Waddington;

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**Praying for the sick:** Jane writes: From February the Pastoral Care Circle, we will be 'starting again' with the names which we include on our list of prayers for the acutely ill. Whilst no name will automatically go back onto the list, please be assured that you are welcome to place any name back on to the list again. Please add new names to the list in the usual way. Thank you all for your staunch support of this essential part of our ministry to the sick. For names to be included, please contact Pat Hughes as normal.

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**Thanks for prayers answered:** Mary Harvey.

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**Please remember in your prayers—the Hyman family**

**Saints Days March 2016**

**01: David:** He was a monk and a 6th century bishop, extremely spiritual but known for his kindness and compassion to the poor and the sick. He is believed to have founded a monastery at St David's, as well as about a dozen others. His monks had to work extremely hard, had to abstain from alcohol and to only speak when necessary. He died about 601 AD and has been regarded as the patron saint of Wales since at least the 12th century.

**19: Joseph of Nazareth:** In the gospel of Matthew, Joseph is described as a good man, a working carpenter who trusted in God. God's messenger explained God's will for him and for Mary, to whom he was engaged to be married. Joseph brought the child up as though he was his own. The adoption of Jesus by Joseph therefore meant that Jesus became a descendant of David, to fulfil the prophecy that Israel's deliverer would be of the House and Line of David.

**25:Annunciation of our Lord:** The good news of the announcement of the coming of God, made flesh in the person of his son, is proclaimed in the gospel of Luke. This conception has been celebrated in the church at least since the late 4th century. In England the day was also known as Lady Day.

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**Jane writes:**

Thank you to all who came along to Bangor Cathedral on 23rd February, for my commissioning as a member of the Diocesan College of Spiritual Directors. As I embark on this new ministry, I will be much in need of your continuing support through prayer.

Since the commissioning, many of you have asked, "What is Spiritual Direction?". In a nutshell, the ministry of spiritual direction offers the space to reflect and consider how God is a part of the whole of your life, and so enable you to respond by a deepening of your relationship with God. The spiritual director does not offer any solutions or answers but will listen and enable the way of discernment. All conversations are held in strictest confidence

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**Have you looked at our developing website recently ? Many thanks to Edna. [www.holyheadparishchurches.co.uk](http://www.holyheadparishchurches.co.uk)**