

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone , please get in touch now, with name and date of birth.

Happy Birthday Blessings to :

Ailia Lewis: who celebrates 83 years on the 8th!

Maureen Hunt: who celebrates 87 years on the 17th !

Pam Williams: who celebrates 80 years on the 17th!

Angela Hillman: who celebrates 81 years on the 26th!

We wish you many more years of health and happiness!

On the cover—NOVEMBER—Month of remembering! In Egypt in c 6000 BC the dead were buried, unlike other neighbouring cultures which practiced cremation. Early coffins were wicker, followed by wood then terracotta, then later it was a stone sarcophagus . By 3600 BC, Egyptians had begun to mummify the dead, wrapping them in linen bandages and embalming them with oil. The preparation of the body, the magic rituals and the grave goods which the deceased might need in order to live on in the after life, such as jewellery, food and games, were all important elements of an Egyptian funeral. Admission to an afterlife, depended on whether the deceased might serve a useful purpose there – in other words, you had to qualify! Rome defeated Egypt in 30 BC., so that the customs of the victor then became dominant. The English word 'funeral' comes from the Latin word 'funus' meaning torch. Romans believed that a flaming torch guided the deceased to the afterlife and scared away evil spirits. Funerals were arranged, in terms of status. One person was often named in the will, as organiser. Funerals were expensive, so many persons of average means, joined burial clubs, which deducted money regularly from a salary, as an insurance. Surviving family had to ensure that the dead were given due respect .They believed that the soul could only find peace when it had been laid in a grave. In Rome, from 400 BC until into the 1st and 2nd centuries, a cremation funeral became the most common. It was costly as it needed expertise, and to be tended for 8/9 hours. Much wood was needed to form an altar of 8 layers, to partially conceal the body. Aromatic herbs were used. The heir lit the fire, once the body had been consumed, it was believed the spirit had started to separate from the world of the living. In elite families, funerals were elaborate. Funeral games with gladiator fights to honour the dead were included. It entailed extended mourning time, but in poorer families, and slave families, burial usually occurred the day after a death. As it was considered undignified for Roman men to show grief, professional paid women-usually of low status- led the ceremony with public displays of wailing, self mutilation and funeral chanting. Public eulogies, however, were only allowed to be delivered by men of the upper class. The inhabitants of Rome devised a relatively unique tradition for commemorating their dead in the later centuries of the Empire- underground burial networks, or catacombs, away from the city. Families visited the shrines in the catacombs and celebrated meals at the tomb, to honour ancestors, to help the spirits feel comfortable in the afterlife, and to appease the spirits of the dead that could avenge the living. **Nearly 2,500 years ago, in Greece, Athenians honoured their war dead.** Annual commemoration services were held on the road between the city and the Grove of Academus. With a patriotic speech, the cremated remains of the fallen were laid to rest in the Public Cemetery. The ashes were contained in cedarwood coffins, with one symbolic empty coffin for those 'whose bodies are missing and cannot be retrieved after battle'. It was important to honour them. Cenotaph comes from the Greek word for empty tomb. **Roman military tombstones gave the name, birthplace, rank, unit, age and years of service. They also used cenotaphs for unrecovered bodies.** Romans believed the soul to be immortal. More recently, Remembrance Day, also called Poppy Day, has been observed to honour armed forces members killed in the line of duty, by Commonwealth member states, and others, since 1919 - the year after the end of WW1 in 1918. It is sometimes called Armistice Day, which was signed just after 5.12am on 11th Nov 1918, and meant that hostilities ended at 11.0am that same day. **The first commemoration took place one year later, in the grounds of Buckingham Palace, on the morning of 11th Nov, 1919.**

**BRO CYBI / HOLY ISLAND MINISTRY AREA
PASTORAL CARE CIRCLE
NOVEMBER 2023**

**Associate Vicars : Neil Ridings: 01407 861663
Jane Bailey: 01407 521092**



We know that in some areas, loneliness can be a huge problem, especially if your family live away , or if you are new to the town or village. The clergy currently undertake all visits

Please don't feel that you are on your own-we are just a phone call away!

Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home.

Others prefer a telephone call, just to be reminded that we are thinking of you.

Remember that if we don't know that you need us, we sadly cannot help you , so someone please get in touch on your behalf!

For anything to be included in this leaflet, please contact:

Pat: 01407 860412 or email: patriciahughes2017@gmail.com. Thank you.

Your prayers for the sick are asked for:

Sunday: Brian Wray, Mike Boylin, Judy, Ray, Alan, Pat Jones, Janice, Carolann Wedlake, Annette, Jenny, Lynn, David & Margaret Thompson, Mabon, Hedd, Heather Rendall, Ken Williams, Tabitha Rendall-Todd, Alyse Scarisbrick, Janet Evans, Jen Suboor, Jenny Jarvis, Alan Tucker.

Please let us know the name of anyone who needs our prayers.

Wednesday: Hedd, Hannah, Rosemary Tucker, Huw, David Carey, Katie Jones, Sue Tatlow, Ken Williams, George and Mair Lees.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace: " Love is meant to hurt, when it leaves "

Elaine Williams, Brian Bell.

Please **pray for the families and friends who grieve for their loved ones.**

Grief is love with no where to go!

Anniversaries of death:

Apologies for omitting this last month! 14 October : Christopher John Walton.

Nov 05-11 : Lilian Lloyd, Owain Lewis Roberts, Trudy Filby

Nov 12-18: John Richard Roberts (sexton—St Seiriols,) Ann Knight, Robert Williams (former curate of this parish,) Hilda Mary Cobbe

Nov 19-25: Edward Bennett Connor

Nov 28-Dec 02: Margaret Preston

Grieving is nature's way of giving us space to accept the loss of those we love. It's a time to be very gentle with yourself.

Please pray for these couples recently married: We wish them every happiness!

09 Oct : St Ffraid: Christopher James Vance and Abigail Holly Jenkins.

Mothers Union: Stewart Hayter's illustrated talk on "Thomas Williams, Anglesey's Copper King" was most interesting. Next meeting is at St David, 2.0pm on Thursday 16 November. Existing and new members will be very welcome! Tea, coffee and biscuits, plenty of chatting and a fun social afternoon is promised! Do come.....

Isabel Losada- the Joyful Environmentalist! " - attracted a good diverse audience. The evening was a great success.

Myfanwy's harvest lunch at St David's was well attended and the brilliant food and atmosphere were much enjoyed. £490 was raised, and £70 was donated to each of our four churches, and £210 to Mirili Mon, our local Dementia charity. We have an open invitation to visit them at Gwelfor, any Tuesday morning to see what they do! Many thanks to everyone who helped: cooking, waitressing, selling raffles and the great musical entertainment, committee and of course those who dined!

Grateful thanks to the Llaingoch Hall Committee who generously lent extra crockery for the recent Harvest Lunch at St David's.

The joint ministry area service on Sunday 5 Nov will take place in St Ffraid at 11.0am

Final update on St Cybi's tourist guiding for visitors 2023. The amazing final figure donated by visitors for church funds was **£7313**. The team of volunteers received a wonderful letter of commendation from **Nick Murphy, Tourism Officer for Holyhead Town Council** saying that our hard work and dedication have made the church a memorable place for visitors to enjoy. He also commented that we had made a real difference to the cruise ship visitor experience !

Holyhead Churches Together has organised an hour's silent vigil in St Mary's Oratory on Wednesday, 8 November @ 6.0pm - a non-political act of prayer for all the innocent people who have suffered and are suffering in Israel/Palestine. All welcome.

As usual, the members of "The Lighthouse" were delighted to receive the harvest gifts, donated by the members of all four churches. Thank you all very much!

November—season of remembering! THURS Nov 2 is All Souls Day, when we remember with love family and friends who have passed from this life, whether recently or long ago. There will be a service at St Cybi at 7.0pm, with an opportunity to light candles and hear names read out. Please make sure the names are handed in in good time—lists will be taken in all four churches. We look forward to seeing you!

Belated wedding anniversary blessings to George and Mair Lees ,who celebrated 67 happy years on 6 October. May you enjoy better health to celebrate many more!

HOLYHEAD CENOTAPH CENTENARY RE-DEDICATION CEREMONY will take place on Tuesday 7th November at 5pm, starting with a Candlelight parade from the Millennium Cross by St Cybi's Church to the Cenotaph. Led by Sea Cadets, Scouts, Guides and school children, it will mark the 100 years since it was first unveiled in Victoria Square in 1923, as a memorial to those who lost their lives in the First World War. All very welcome to attend .

Members of St Cybi's stewarding team, retired teachers Chris D and Harri W , were delighted to recently welcome Llinos Biddle, staff colleagues and 30 of year 2 pupils from Llanfawr School. They are working on the theme "In your area," and considered our beautiful and ancient church to be a good subject. The pupils aged 6/7 years of age, were very interested and well behaved, a credit to themselves, their families and their school.

The September and October **Walsingham Masses** were well attended – we were even joined by a young lady on holiday from Quebec! We are most grateful to Archdeacon John for his enthusiastic celebrations, and wonderful homilies. Looking ahead, we will keep the November Mass as "the month of remembrance", based on an All Souls Day theme. **On Saturday, 18th, at 11.30am at St Cybi,** we will remember with gratitude, family and friends who have passed from this life, whether recently or long ago. Names will be read out and personal candles lit. Our **Christmas Mass** will happen on **Saturday, 9th December in St Cybi at 11.30 am.** We will then enjoy an early Christmas lunch at the Breakwater Country Park Café, (one, two or three courses depending on your appetite). If you want to try out one of our masses, to see if it works for you, you will be most welcome! No pressure.....In the present uncertain world, when according to survey figures regular worshipping numbers appear to be falling, **pilgrimage seems to be on the rise! We are all seeking "the peace which the world cannot give" ,wherever and in whatever way is possible!**

St Davids: TWO Dates for your Christmas Diary! Sat 25 Nov: 11.0am – 4.0pm – A Musical Xmas Market with Holyhead Male Voice Choir and Bryngwran Community Choir. Christmas stalls /cakes/gifts/cards/decorations etc. Raffle. Refreshments. Admission-Adults -£1/ children-50p. Proceeds split equally between St David's Toilet Renovation Fund and Methodist Church Funds. **Our annual fundraiser for St David's Penrhos Hospice, on Friday 8 Dec at 6.30pm** has a great new name: **SOUNDS OF THE SEASON.** Music by Magee, plus a local ukulele band, and a wonderful female singer from Waenfawr – KAREN, who attends St Cybi. Tickets - £6 each, includes light refreshments. Contact: Linda 765697 or Sandra 764698. **You know you'll enjoy yourselves!**

Thanks for prayers answered: Gerrit Forrester, Sister Sylvia Healy.

St Cybi's Field of Remembrance Service on Sunday 5 November : 2.0pm for a 2.30 start ! Due to ongoing archeological work around St Cybi, there will be no Remembrance Day service there on 12 Nov. It will be held in the Town Hall at 10.0am. All welcome.

A smile is a light in the window of your face, it shows that your heart is at home!

St Cybi apologises to the community, that due to circumstances beyond their control, sadly, for the first time in more than twenty years, there will be NO CHRISTMAS TREE FESTIVAL this year!

What do you do every Tues from 12–1.0pm ? Nothing? Why not pop down to St Ffraid's Hall, for a cuppa (tea / coffee) with biscuits, to discuss the bible readings for the following Sunday? Want to know more? Speak to Rev. Neil 861663