

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone, please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

Peter Murphy: he celebrates 88 years on the 2nd!

Lorna Owen: she celebrates 82 years on the 8th!

Terry Jones : he celebrates 87 years on the 15th!

We wish you many more years of health and happiness!

What do we show on this month's cover? On Monday, 2nd Sept, our coach, driven by popular driver Graham, left Anglesey early morning, heading 300 miles east towards Norfolk, to **the shrine of our Lady of Walsingham**. On arrival, nine hours later, we totalled twenty pilgrims, some tired from the early start; experienced pilgrims were excited to be "returning home"; while some 'first timers' were unsure as to what to expect! The following day, the **Rev Father John Hillman**, who led our group through the entire week of pilgrimage, celebrated a bilingual mass, Prayers were said for those pilgrims who were unwell, and unable to travel with us and also for the souls of those previously devout pilgrims who had died since their last visit. Midweek saw visits to the **Slipper Chapel** along the Holy Mile; devout medieval pilgrims would have walked barefoot!. **The wonderful candle lit procession through the shrine gardens, during which singing pilgrims accompanied the statue of our Lady, is probably one of the high lights of the week.** Sprinkling at the ancient well, together with healing and reconciliation was also observed. Daily masses and devotions were available, and the **Stations of the Cross**, dotted around the beautiful gardens, were duly venerated. As usual, the food was excellent – regular, wholesome and plenty of it! Our "away day" on Thursday, took us to the city of Norwich, a journey of about 37 miles. In the cathedral, the massive eye catching burnished copper font started life as two bowls, used to manufacture toffee in the Rowntree Macintosh chocolate factory in Norwich. The bowls were gifted in 1994, when the factory closed. A much older slice of history is the 14th century pelican lectern, which survived the Reformation by being buried in the bishop's garden! Edith Cavell, a pioneer of modern nursing was executed in Belgium by firing squad in 1915. After a state funeral in Westminster Abbey, she was buried in Norwich Cathedral. The second part of our Norwich outing, was a most interesting visit to the Church of Julian of Norwich, tucked away down an unassuming side street. An anchoress, Julian was born around 1342 and lived as a female recluse in a cell attached to the church. She was allowed two windows; one internally to participate in the mass, and one externally to receive callers, requesting prayers. She was either known as Lady Julian, Dame Julian, Mother Julian or Juliana. When she moved into the cell, which was then sealed, a funeral service was held to mark the fact that although still alive, she was now, "dead to the world" Her words : "All shall be well, all manner of things shall be well" survive to this day in her writings in Middle English: "Revelations of Divine Love". While seriously ill, she experienced 16 visions of Christ, bleeding on the cross; however, she recovered and lived for another 40 years! She died around 1416, and the cell was demolished in 1530, at the dissolution. The church later fell into disrepair, received a direct hit in WW2, and was rebuilt in 1953. **The happy group photo on the cover was taken on Friday, as we prepared for our return journey** to Anglesey, slightly lengthened by a diversion due to a fire which closed the west bound carriageway of the Conwy tunnel. Our wonderful pilgrimage was enjoyed by all, either in company or in solitude, on so many different levels, and for so many varying reasons. **Legend has it that if pilgrims ask humbly for their request, our Lady will not send them away empty handed. I firmly believe that this remains true to this day!**

**BRO CYBI / HOLY ISLAND MINISTRY AREA
PASTORAL CARE CIRCLE
OCTOBER 2024**

Associate Vicars : Neil Ridings: 01407 861663

Jane Bailey: 01407 521345 (new)



Whether you need a friendly chat, or Holy Communion at home, or in hospital or a care home, our caring clergy will be happy to oblige!

If we don't know that you need us, we sadly cannot help you!

Please ask someone to get in touch on your behalf.....

For anything to be included in this monthly newsletter, please contact Pat: 01407 860412; email: patriciahughes2017@gmail.com

Thank you.

Your prayers for the sick are asked for:

Sunday: Brian W, Mike B, Ray, Alan, Pat Jones, Janice, Carolann W, Annette, Heather R, Ken W, Janet E, Jenny J, Chris, Bernard, Hedd, David P, Margaret T, Louis and Sandra, Catherine, Princess of Wales and her young family, Maureen, Val, Graham Webb.

Please let us know the name of anyone who needs our prayers.

Wednesday: Hannah, Alan and Rosemary Tucker, Huw, David Carey, Katie Jones, Ken Williams, Mair Lees. Keith Bryant, Maureen Hunt .

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace : Love is meant to hurt, when it leaves "

Michael John Davies (Mikey) Dennis Eaton , Benjamin John Williams, R. Elwyn Owen

Please pray for the families and friends who grieve for their loved ones.

Love does not know how deep it is, until the hour of separation.

Anniversaries of death:

Sept 29-Oct 05: Michael Corrie, Helen Nason, Gwyneth Fon Williams, George Haram, Gwyn Cybi Thomas, Peter Smith

Oct 06-12: William Lewis Roberts, Margaret Ellen March

Oct 13-19: Christopher John Walton, Howard James Newton English, Thomas Gwynfor Owen, John Willows

Oct 20-26: "Nana" Noble Griffith, Stanley Albert Filby, Moira Lewis,

Oct 27- Nov 02: Elinor Hughes, Myra Jones

There is a land of the living, and a land of the dead. The bridge between the two is love!

Please pray for these recently baptised:

22 Sept: St Ffraid: Katie Alisha Parkinson

29 Sept: St Ffraid: Rocky Roan Thomas

We welcome them as the newest members of our church family

Please pray for this couple recently married. We wish them every happiness!

14 Sept : St Ffraid: Jordan John Hughes and Tiffany Roberts

Birthday Blessings to Rev Neil, for Oct 25th! May you be granted many more!

Date for the Diary! St David: Seasonal Singsong: Friday 22 Nov: Details next month!

Returning to schools - OPEN THE BOOK! All welcome to an initial meeting at 10.30am, on 15 October , at Robina's home, 26 Bryn y Mor, Turkey Shore Rd, LL65 2HN.

Rev Neil leads a group at St Ffraid's Hall, every Tuesday from 12noon—1.0pm, to discuss Bible readings for the following Sunday, with tea / coffee and biscuits. Ring him to learn more!

The joint service on Sunday, 6th Oct , will take place at St Gwenfaen at 11.0am, and will be the MA celebration of Harvest, conducted by the Rev John Hughes. This will be the only M A service on that day. Gifts will be distributed as usual to our local "Lighthouse," which cares for our homeless! They can also be left at either St David or St Ffraid. Thank you . Usual services on the other Sundays in the month: St David and St Gwenfaen @ 9.15am: St Ffraid @ 11.0am: Everyone will be most welcome!

DIARY DATE ! Visit from Assistant Bishop David to the Joint Ministry Area Service at St Ffraid, at 11.0am on Sunday 3 Nov 2024. We look forward to welcoming him !

Internment of ashes: Michael (Mike) Wright

If you are curious about Walsingham, the next monthly Mass to be led by our Archdeacon John Harvey, will be at St Davids, on 12th October, at 11.30am. followed by tea, coffee, and cakes. Pilgrimage 2025 is already booked from 23-27 June. If you would like to travel with us, please get in touch, by email: patriciahughes2017@gmail.com or ring 01407 860412: Here are three very different and personal accounts, from 2024:

As we arrived, the sun cast a brilliant beam on the windvane set high above the church. It depicts a golden angel, guiding and protecting us through our week of pilgrimage. Among a group of twenty pilgrims from Wales, we came with our expectations, worldly concerns, preoccupations, hopes, and prayers. Our journey was immediately rewarded in those precious moments of prayer and fellowship during our first visit to the Holy House. We were refreshed among the candles and artefacts of the shrine, experiencing a tangible sense of peace and closeness to something beyond wonderful. Then, on the final day of an eventful week in which our expectations were fulfilled, our progress enhanced by music, our hearts soothed by warm devotions, our minds healed by gentle meditations, amid deeply moving ceremonies and sacraments, we returned to the Holy House. There we completed the Walsingham phase of our journey, before progressing back towards Wales, where for many of us our pilgrimage continues. **How blessed we are to have reached Walsingham this year, in complete agreement with John Bunyan's immortal words from 1684... There's no discouragement, shall make him once relent, his first avowed intent, to be a pilgrim. Written by Hedd Thomas: Pwllheli**

Recalling my first Walsingham visit in 2014. I really didn't know what to expect; and crucially not knowing anyone but, both of these concerns were quickly diminished. The whole experience of travelling together and sharing life at the Shrine meant that I was both welcomed and included. So, ten years on since my first visit I still experience that same feeling. I enjoy the company of old friends but equally enjoy meeting so many new and interesting people along the way. Walsingham gives everyone the opportunity to join together both in formal celebrations and quiet reflection. There is time to explore the grounds, to sit in the gardens, enjoy the peaceful atmosphere. The accommodation and catering are tailored to meet everyone's needs and the Norton Bar provides a place to relax at the end of the day and to meet fellow pilgrims from around the country. I remember, several years ago, having a conversation with a priest from North West England. We talked about the essence of pilgrimage and what it meant. His answer to me was 'You come as you are' and 'maybe you take away something a little bit special' For me that sums up the Walsingham experience! **Written by Maureen Naylor: Warrington**

About 20 years ago, a friend asked me if I'd like to accompany her on the annual Holyhead pilgrimage to the Shrine of Our Lady of Walsingham. When I agreed to go along with her, little did I know that I'd still be going each year (barring the lockdown) all this time later. You see, Walsingham draws you back. Spiritually, it's much like going home. It's the peace of the lovely north Norfolk countryside which enfolds you; the serenity of the Shrine; the beauty of the pilgrimage services. **Most of all, it's a space to draw close to God. Amidst all this, It is also a place filled with fun, laughter and friendship.** Too soon, it is time to leave – but not before we've made our booking for next year! **Written by Rev. Jane Bailey : Holyhead**

Thanks for prayers answered: Jenny

MOTHERS UNION. The September meeting was well attended and members enjoyed hearing Susan Hanbury's memories of early coastguarding in Rhoscolyn, from helping her father at the age of five until she went solo at eighteen! The October meeting will be on Thurs 17th—2.0pm at St David, to learn about cake decorating. All welcome!

Thanks from St David's, to all who supported and provided raffle prizes at the recent quiz at Farrells, in aid of the disabled toilet fund! The enjoyable evening raised £115. Thanks too for supporting the recent coffee morning in aid of St David's Hospice!