

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone, please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

Megan Morgan – she celebrates 99 years on 6 January !

Janet Waddington — she celebrates 83 years on 21 January !

Katie Jones —she celebrates 92 years on 26 January !

David Williams (No.9) —he celebrates 80years on 29 January !

Traditionally the secular Christmas ended on Twelfth Night, meaning the festivities marking Epiphany, the visit of the three kings to Jesus. These days, not many people know much about Twelfth Night celebrations, but in the Medieval and Tudor periods, it was more important than Christmas Day. There are plenty of Epiphany rituals - especially regarding food - which are well worth sharing. As recently as the 1950s, Twelfth Night in Britain was a night for wassailing, a tradition that's enjoying something of a revival. The word comes from the Anglo Saxon phrase "waes hael" which means good health. The original wassail, was a drink made of mulled ale, curdled cream, roasted apples, eggs, cloves, ginger, nutmeg and sugar. Each house would be asked to add to the bowl. Wassailers, like carol singers, went from house to house singing and wishing their neighbours good health. Every region had its own traditions: in cider making counties like Somerset it was traditional to wish apple farmers good health by visiting their orchard. Many wassailing songs finish with a request for a penny, a cup of cider, and a piece of cake. Cake appears to be a common factor in modern celebrations. The Spanish today still celebrate the day they call 'Reyes' with cake. They wait all year for this day, because it means presents being delivered by the three kings. The night before, the kings process through the village giving out sweets; on the day itself everyone feasts together at a big table, finishing with a special cake. The French celebrate with cake too. King's Cake is often eaten all month long. There are different variations on the cake depending on the region. In the North, the cake is called a galette – pastry filled with frangipane, fruit or chocolate – and in the South, brioche with candied fruits. Each cake is decorated with a paper crown, and contains two hidden charms, a figure of a king and a dried bean. If you find the king, you wear the crown; if you find the bean, you pay for the cake! Mexicans also mark the day with cake. Whoever finds the figure of the baby in their piece, acts as the 'god parent' for the year. Italian children hang up their stockings for the old Lady Befana to fill. If they have been good, they receive candy – if not, they are given coal! In Austria and parts of Germany, a chalk sign appears over front doors, to protect the house for the year: **20 C M B 20** (the year is separated by the initials of the three kings- Caspar, Melchior and Balthazar.) Some churches also remember on the same date, Christ's Baptism, which happened when he was about thirty years old. British historian Lucy Worsley would love to bring back the Twelfth night festival, as celebrated in Tudor times. This climax to the twelve days of Christmas festival was a big feast on **5 January**, the perfect excuse to enjoy one last feast like a king! In the traditionalist church calendar however, Christmas doesn't finish until Candlemass – **2 February**, when the 40 day old infant Christ was presented at the Temple, and his mother Mary, was ritually purified. Many Christians leave their decorations up until this day, and bring their candles to their church to be blessed, to be used for the rest of the year. Many people still mark this day with lighted candles in their windows !

May God's richest blessings, truest joys, constant love, tender guidance, unfailing protection and calming peace be yours this coming year!

BRO CYBI / HOLY ISLAND MINISTRY AREA
Pastoral Care Circle
JANUARY 2020

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When you cannot come to church, the church will come to you!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the area. Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

**For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

Your prayers for the sick are asked for:

Sunday (in all churches): Geraldine Lee, Gwen, Hannah, Huw, Alan Taylor, Neil Miles, Helen Nason, Lynda Owen, Myfanwy Newman, Andy Carroll, Sister Ewa Bern and her mum, Robbie, Diana Walker, Emlyn Owen, Georgie and family, Helen Brenan.

Please let us know the name of anyone who needs our prayers, and their carers.

Wednesday (St Cybi) Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Barbara Smith, Gwilym Lewis, Huw Thomas, Megan Morgan, Edith Shepherd, Glenys Barton, Lynn.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace : 'I am the resurrection and the life' ...

Buddug Hems Williams, Trevor James Hughes, Joan Roberts, Tony Thomas, Margaret " Peg " Hargreaves. **Burial of Ashes:** Joan Williams

Please pray for the families and friends who grieve for their loved ones.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself...

Anniversaries of death:

Jan 05—11: Arwyn Abbit, Gareth Jones, Joyce Hughes.

Jan 12-18: Arthur Preston Thomas, Lilian Jones, Owen Ivor Jones, Simon Andrew Stott, Myra Longes.

Jan 19-25: Pam Lewis, Peter Trevor Screech, Kingsley Walker (Priest).

Jan 26-Feb 01: John Gareth Hughes, Violet Ethel Maycroft, Walter Williams, Tom Williams.

If you have lost loved ones , and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please. It is very comforting to many people, to read and hear the name remembered.

Thanks for prayers answered: Andy Carroll is much improved. Please keep him in your prayers for a complete recovery!

Please pray for our hardworking Pastoral Care Team, who have had an especially busy December. May they be given good health and extra strength to carry out whatever is asked of them. In return, they pray that the Lord will provide you with every good thing for 2020. Love and blessings to all from: Jane , Rob, Neil, Carys, Hilary, Lorna, Glenys, Karen, Barbara, Hugh, Sandra, Gill, Kath and Pat.

The Holyhead Cell of the Society of Our Lady of Walsingham will next meet for a Mass, in St Cybi's Church in **February**. All are welcome to attend!

If you need to book a **christening** or a **wedding**, please call into **Eglwys y Bedd**, any **Tuesday** evening **between 6.30 and 7.0pm**(Small building on left before St Cybi gates)

Our Thursday Bible Study at St. David's. Apologies—no meetings in January. We will next meet on Thurs 6th Feb 6.15 pm Coffee / Tea before the 6.30 pm start. All welcome!

Please pray for the recently baptised:

8 Dec: St Ffraid: Paisley Briscoe Gilchrist—Gater and Evan Andrew Highley
We welcome them as the newest members of our church family !

No one can teach you faith – it is a gift from God!

Interesting historical January dates. On the **1st** in **1502**, Portuguese explorers landed at Guanabara Bay, on the coast of South America and named it Rio de Janeiro (River of January) It is now Brazil's second largest city. On the **1st** in **1892**, the Ellis Island migration centre in New York Harbour opened. Over 20 million new arrivals to America were processed until its closing in 1954. On the **1st** in **1901**, the Commonwealth of Australia was founded as six former British colonies became six states with Edmund Barton as the first prime minister. On the **5th** in **1818**, the first regular trans-Atlantic shipping service began between Liverpool and New York. On the **10th** in **1918**, the House of Lords gave its approval allowing women over the age of 30 the right to vote. On the **11th** in **1569** the first state lottery was held in England. Tickets were sold at the west door of St Pauls Cathedral, London. On the **11th**, in **1964** - the U.S. Surgeon General declared cigarettes may be hazardous to health, the first such official government report. On **12th** John Winthrop (1588-1649) was born in Suffolk, England. In 1630, he joined a group of Puritans emigrating to America and became the first governor of Massachusetts Bay Colony, establishing a colony on the peninsula of Shawmut, which became Boston. On the **20th** in **1265**, England's first Parliament opened at Westminster Hall in London. Representatives from towns and villages across the country met for the first time in one chamber. On the **27th**, in **1926**, inventor John Logie Baird demonstrated his new television machine to members of the Royal Institution in London. On the **28th** in 1807, London became the first city in the world to be lit by gas lights.

Count your Blessings! You'll be amazed at how quickly you run out of fingers !

We have been blessed with an Advent tide and a Christmas season full of carols, readings, brass bands, Christmas trees, Christingles, nativities, cribs, society lunches, friendship and so much goodwill! Thank you to all who organised, took part, attended and contributed in any way at all!

Jane's unexpected celebration ! She writes: As many of you will know, I've recently moved to Rhosneigr. All the other bungalows in the cul de sac, are holiday homes and so it is only in the last few days, that I met my next door neighbours. I was surprised and delighted to be invited by Sue and Maurice to join them for a celebration Hanukkah, a Jewish Festival of Light, dating back to the second century BC. After the short ceremony, when the first Hanukkah candle was lit, we enjoyed a selection of special food, such as potato pancakes and deep fried doughnuts, and played 'Dreidel', a traditional game. As the only non-Jewish guest, I was very moved to find the following wise words of Rabbi Lord Jonathan Sachs, printed out and left by my place mat : "**For though my faith is not yours, and your faith is not mine, if we are each free to light our own flame, together we can banish some of the darkness of the world**" Every blessing to you all for the New Year, Jane.

A different kind of New Year resolution! Spring will soon be here, and it will be time to open the doors of St Cybi's Church to tourists. We always need volunteers willing to be trained as guides, to please give us just two hours of their time each week. The "work" is very sociable , greeting visitors from literally all corners of the world. Guides always work in pairs, and after a "hands on " training session, you will be given an illustrated manual, to help remember basic information, about our beautiful old church.. If this sounds like something you would enjoy, please ring Pat 860412 or email: patriciahughes2017@gmail.com. Thank you!

Thought for the New Year 2020! There are far, far better things ahead, than any that we leave behind!